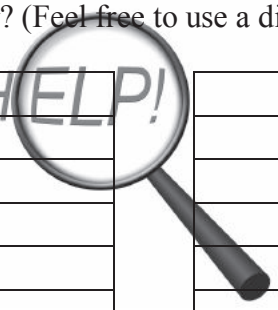
Catch me when I fall

Activity One – **In teams** – Try to be the first team to pair the verbs. Which verbs on the *right*, **help out** the verbs on the *left*? (Feel free to use a dictionary.)



To cry	To keep someone company
To feel sad	To comfort
To feel anxious	To support
To question	To explain
To fall	To wipe away someone's tears
To be nervous	To reassure
To feel upset	To catch
To face a challenge	To make someone smile
To be alone	To answer
To be confused	To encourage

Activity Two – Again in the same teams – one team starts a sentence and the other team finishes it. If you hesitate then the other team gets a point. (Each team member gets a turn to answer and all the others can help him/her by whispering the answer – so support each other!)

- When you cry I – wipe away your tears.
- When you fall I – catch you.
- When you….. I ……..



Activity Three – We are a team – let's sing! (To the tune of we are the world).

We are a **team**
Here at the centre
And in our class
We'll have a **laugh**
Always **together**

We are not here
To mock each other
But to **support**
Each other's work
In learning English

We all **trust** each other
And know we understand
To **dare** to speak you need to know
The others **care**!



Activity Four With a new partner, take all of the words, which are circled in **red** in the song and write some rules for the class with them.

Then explain them to the rest of the class.

Activity Five **SUPPORT** each other.

The group will all stand behind one person, they will be blindfolded and they will fall backwards into the group, knowing that everyone will support them and catch them as they fall. From now on, no one will feel scared of making a mistake or doing something embarrassing, as they know the group supports them.

This will mean you can speak English with confidence in your lessons and practice, improvise and have fun!

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Activity Six **Role plays**.
One by one, everyone will take turns to come into the class with a little embarrassing problem. Everyone else in the class will help to solve the problem and make the person feel good about it.

These are the different problems, which will occur, so look out for one of these when the person comes in.



1. Dab of ketchup on face
2. Toilet paper on shoe
3. Shirt tucked in
4. Pocket out
5. Jumper inside out
6. Something on tooth
7. Stain on skirt – sat in something
8. Bird pooh in hair
9. Books fall out backpack breaks
10. Saying something embarrassing in English by mistake.



Activity Seven **WOULD**.

The word WOULD which is a modal verb, is used for conditional or unreal situations. So if you are talking about something in theory, you need to use would.

When you use a modal verb you use the base form of the verb, without 'to'.

Here are some examples –

- If you fell, I would catch you.
- If you were sad, I would comfort you.
- If you were anxious, I would reassure you.

Now give some more examples from the pairs of verbs in activity One.



Activity Eight: **Embarrassing scenes**.

Watch the movie clips and say what you WOULD do to help the people in each scene.

Activity Nine – *What would you do if….*

Say what you WOULD do and then act out the following scenes with partners.

1. You forgot your sports clothes on a day when you had sports at school.
2. You went to a party, thinking it was a dressing up party, but in fact you are the only one dressed up…
3. You forgot to set your alarm and got to school half an hour late for a school trip, and missed the bus!
4. You totally forgot to do your homework.
5. You forgot your mums birthday.