

E M O T I O N S



Activity 1 – Emotional match up

Match the following emotions to their corresponding verbs. Your teacher will help you by acting out the verbs…!

happy	sad	angry	embarrassed	shocked	nervous	tired	sleepy	relieved	amused
go red (blush)	frown	cry	open your eyes wide	smile	rub your eyes	sigh	yawn	laugh	bite your nails

Activity 2 – Present Progressive

Now let's learn the present progressive & make sentences using the above emotions & verbs.
Example: She is blushing because she is embarrassed.

Activity 3 – Emotions

Read the list of emotions and underline any new words. We will find the definitions together.

Happy	Surprised	Proud	Furious
Sad	Shocked	Mad	Content
Angry	Embarrassed	Relieved	Upset
Excited	Nervous	Thoughtful	Amused
Bored	Frustrated	Tired	Motivated
Enthusiastic	Disappointed	Sleepy	Exhausted

Activity 4 – Pick an emotion

Pick one emotion out of the hat and say when they feel this emotion

Activity 5 – Actions speak louder than words

Your teacher will mime an emotion and you have to say which emotion it corresponds to.
Try to use the present progressive as much as possible.
After your teacher mimes a few different emotions, you can have a go.

Activity 6 – How do you feel…?

Answer the following questions…

How do you feel when you lose something? **I feel…**
How do you feel on the first day of a new job? **I feel…**
How do you feel the day before you go on holiday? **I feel…**
How do you feel when your best friend doesn't come to your party? **I feel…**
How do you feel when you trip over in front of a big crowd of people? **I feel…**

Activity 7 – Writing

Choose 4 emotions and write a sentence about each one. Here are 2 examples to help you.

I feel **proud** when I see my brother's name on a newspaper article.
I feel **frustrated** when I cannot remember a word I want to say in French.