GERMS – TEACHERS SHEET

WALL DICTATION ARTICLE

A range of serious health problems, including heart disease, stroke, arthritis and chronic infections, could be linked to 'unhygienic' toothbrushes.

A huge variety of bacteria can be found on the average brush.

Recent research found that the average toothbrush contained around ten million germs.

"The virus for the potentially fatal diseases hepatitis A, B and C have all been found on toothbrushes. The spores of hepatitis B can survive for months." "We wouldn't leave our cutlery in the bathroom and then use it over and over again without washing it, yet we do exactly that with a toothbrush."

"We put this object into our mouths, scrub at our gums, causing little lacerations which means the bacteria can jump from the brush into our blood stream,"

The risks of oral bacteria getting into the blood stream were proved by recent research which that bacteria that causes gum disease, was present in fatal blood clots.

SOURCE –

Read more: http://www.dailymail.co.uk/health/article-388236/Danger-humble-toothbrush.html#ixzz1sehNR2xl

IDIOMS CORRECTION –

Don’t wash your dirty linen in public
To do dirty work
To get your hands dirty
So clean you could eat off the floor
To make a cleen sweep
A clean slate
To clean your act up
To keep your hands clean
To be as clean as a whistle