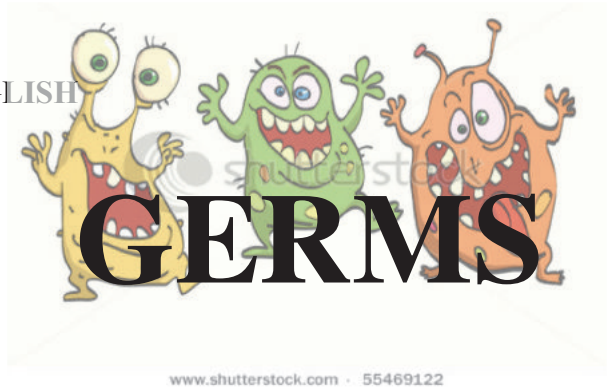
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Activity One – Frequency.

Revise the words… read them and number them in order of frequency.

ADVERB OF FREQUENCY	NUMBER IN ORDER
Often	
seldom	
All the time	
Sometimes	
Never	
Frequently	
Usually	
Hardly ever	
Always	
Several times a day	
Rarely	
occasionally	

Activity Two – with your partner ask and answer the questions.

QUESTIONS	ANSWERS
How often do you wash your hands ?	
How often do you change your kitchen sponges ?	
How often do you think you should change your toothbrush ?	
How often do you think about germs ?	
How often do you touch your face ?	
How often do you think you touch other people's germs ?	
How often do you clean your toiket ?	
How often do you disinfect your kitchen sink ?	
How often do you clean your fridge ?	
How often do you obsess about germs ?	
How often do you share an apple with someone ?	
Would you ever share someone's toothbrush ?	
Would you ever wipe your hands, or face on someone else's towel ?	
Would you ever kiss a dog ?	
How often do you wipe a kids runny nose ?	
How often do you clean your toothbrush holder ?	

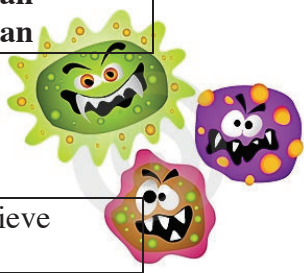
Activity Three - Wall dictation – see which pair can complete the wall dictation the fastest.

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Activity Four – **DIRTY AND CLEAN IDIOMS** Make some idiomatic expressions out of these mixed up sentences. This time work in teams and see who finishes first !

linen wash don't your public dirty in
To dirty do work
To hands get dirty your
clean you so could eat off the floor

To make a sweep cleen
clean a slate
your act to clean up
your keep hands to clean
as a whistle to be as clean



Now choose the correct expression for each sentence.

I hate it when we argue in restaurants or when we are out together as a family. I believe that…
When there is a difficult job to do you just have to get on with it, sometimes you just have to…
I like cleaning and I hate germs. My house is so clean that…
No, I am not going to call your girlfriend and tell her it's over between you, you can do your
own…
If you start a new school then noone will know you. Noone will know about the problems you
had before. You can start again with…
You've been busy, your desk is…
It's about time you……, there are far too many problems in your life.
It doesn't matter what your friends do, if they do the wrong thing just don't follow them. As
long as you…….. you will be ok.
I am convinced that our candidate will win the elections. In fact I think that he
will……

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Activity Five - Watch the video and answer the questions.

http://www.youtube.com/watch?v=l59_xECC0aI **Youtube -** Germ Warfare: In Your Kitchen

1. What were they armed with when they went to research the germs in their kitchen ?
2. What questions did they want to answer about the germs in hte kitchen ?
3. Where did they look for evidence ?
4. Where did they send the samples ?
5. What was the worst place to find germs ?
6. How much bacteria was found on Adriennes sponge ?
7. What do they define as a serious source of contamination ?
8. What did they compare the sponge's bacteria levels to ?
9. Which areas were clean and dirty in her house ?
10. What bacteria were found in fridges ?
11. What changes will Adrienne make ?
12. What advice is given on the tv programme about how to organise your fridge ?
13. What advice is given about sponges ?
14. What will their next TV show be about ?
15. Did you learn anything new about germs from this video ?

Activity Six - Read the article paying attention to your intonation and pronunciation

Where the most germs lurk in your home

What do you think is the most germ-filled place in your house? After testing dozens of homes, a new study reveals the truth.

To find out, scientists from public health and safety organization, NSF International, swabbed 30 surfaces in 22 homes - that's 660 tests in all - to check for germs in the bathroom, the kitchen, and on everyday household objects. While most people think their bathrooms are dirtiest. It's actually the kitchen.

According to the NSF study, 32 percent of all counter-tops, 45 percent of sinks, and 77 percent of sponges tested positive for coliform bacteria, which can cause food poisoning. Testing also found staph germs, an indicator for the so-called super-bug known as MRSA, on 14 percent of refrigerator handles and 18 percent of sponges.

Lisa Yakas, senior microbiologist of the Food Division at NSF, said the No. 1 germiest item that researchers found was a dish sponge belonging to Dawn Simpson's family. The sponge had a coliform count of 1.8 billion - 180 million times the amount of germs on a new clean sponge.

When told of the sponge's state, Simpson said, "No way. ... I definitely didn't think it was clean but I didn't think it was the dirtiest thing in my house."

And in Simpson's bathroom Koeppen revealed this shocker: the germiest spot was her toothbrush holder It had over a thousand times more coliform bacteria than her toilet seat.

Yakas said, "If the bristles become contaminated and you're putting that into your mouth, that's direct cross contamination right there."

So what are the germiest spots in your home? According to NSF:

1. The kitchen sponge
2. The kitchen sink
3. Toothbrush holders

