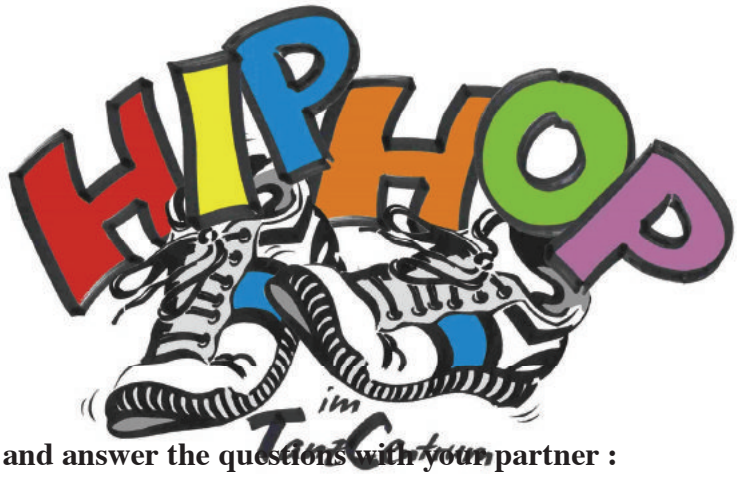


Activity One – Ask and answer the questions with your partner :

1. What music do you like ?
2. Why do you like that music ?
3. Do you like dancing ?
4. What music do you like to dance to ?
5. Do you like a particular singer or group ?

Activity Two – Read the article and then answer the comprehension questions.

Hip-Hop Defined:

There are four elements in Hip Hop

A form of popular music with emceeing and deejaying and a lifestyle with graffiti, and breakdancing. As hip-hop evolves into big business, the four elements are merged with others like clothing trends, slang, way of thinking.

Rap Vs. Hip-Hop:

Rap is a form of music that started from hip-hop culture. Hip hop is a lifestyle with its own language, dress code, etc. In the words of KRS-One, "hip-hop is something you live, rap is something you do."

Hip-Hop Started in the Bronx:

A product of cross-cultural integration, rap is deeply rooted within ancient African culture and oral tradition. Hip-hop originated in the Bronx with a Jamaican DJ named Kool Herc. Herc's style of deejaying involved reciting rhymes over instrumentals. At house parties, Herc would rap with the microphone. Duplicates of Herc's house parties soon spread through Brooklyn, Manhattan. Herc and other block party DJs helped spread the message of hip-hop around town and got a lot of followers.

Hip-Hop As a Melting Pot:

Hip-hop as a musical melting pot is still evolving. It has become more eclectic, borrowing from soul, jazz and live instrumentations.

1. What are the four elements of hip hop?
2. What is happening to the four elements?
3. Where did hip hop start?
4. What's the difference between rap and hip hop?
5. What are the roots of hip hop?
6. Who started hip hop?
7. How is it developing?

Activity Three – dancing feet

Show these different parts of your body and then move them in time to the music:

Elbow	Chin	Knees
Heal	Ear lobes	Tip of your nose
Toes	Palms of your hands	Finger nails

Activity Four – Practice those moves!

Let's invent some new break-dancing moves. Follow the instructions:

- Move your arms like chicken wings!
- Move your head **backwards** and **forwards** like a chicken.
- Spin your hands **around** in an inventive way.
- Do some fancy footwork moving from **side to side**.

NOW – With a new partner write your own moves and then ask other people in the class to practive them…

Activity Five – watch the video and answer the questions:

http://www.youtube.com/watch?v=loFHR9JoUMU
10 year old hip hop dancer Kassidy Chism; Amazing

1. Do you think that she is a good dancer?
2. Why, or why not?
3. How does she move her hands? *
4. How does she move her head?
5. How does she move her legs?
6. How does she move her feet?
7. What is her facial expression like?
8. Describe what she is wearing.

**(From side to side, up and down, round and round, in and out etc..)*

Activity Six – Body Parts RAP - Watch the video and follow the instructions:

http://www.youtube.com/watch?v=k8Dhhzl_UPU
Body Parts Rap 4 kids

Which new body parts did you learn from this video?

Activity Seven – Watch the video and listen to the song - RAPPERS DELIGHT by The Sugarhill Gang– do you know it? – This is a famous song as it was the first Hip Hop Hit.

Identify the **VERBS** in the lyrics below:

i said a hip hop the hippie the hippie
to the hip hip hop, a you dont stop
the rock it to the bang bang boogie say up
jumped the boogie
to the rhythm of the boogie, the beat

now what you hear is not a test--i'm rappin to
the beat
and me, the groove, and my friends are gonna
try to move your feet
see i am wonder mike and i like to say hello
to the black, to the white, the red, and the
brown, the purple and yellow
but first i gotta bang bang the boogie to the
boogie
say up jump the boogie to the bang bang
boogie
let's rock, you dont stop
rock the riddle that will make your body rock
well so far youve heard my voice but i brought
two friends along
and next on the mike is my man hank
come on, hank, sing that song



Activity Eight – **How to Rap** –

Rap music is a the rhythmical intoning of **rhymed couplets** to an insistent beat.

If you want to rap you need to be able to make short rythming sentences which describe your actions and feelings.

You then need to repeat words in the chorus so that people can sing along.
(This is called a rap hook).

Here's an example:

I get money like a Vet(vet)

"I'm Stacking it"

So i'm stacking every dollar that Get(get)

"I'm Stacking it"

Hey I plan to make it rain but not Yet(yet)

"I'm Stacking it"

So if you don't get a dime from me don't be Upset(set)

"Cause I'm Stacking it....."

(OOOOOoooohhhh)_

Im Stackin It(OOOOOoooohhhh)

You then need some music to rap over… take your pick.
In teams – **compose your own rap song** about English lessons.