EASY ACCESS ENGLISH

What you give is what you get



Activity One – Some expressions and words…
What do you think they mean and do you agree with them?
Which do you prefer? Which do you live by?

1.	What goes around comes back around.
2.	What you give is what you get.
3.	Do unto others as you would have done unto yourself.
4.	A random act of kindness.
5.	Never look a gift horse in the mouth.
6.	To be generous to a fault.
7.	He gives twice who gives quickly.
8.	A friend in need is a friend indeed.
9.	What's in it for me?
10.	Kindness is contagious.

Activity Two – Listen to the song and decide what you think it's about. This is a classic Jam song, over the years many people have debated its meaning. What do you think?

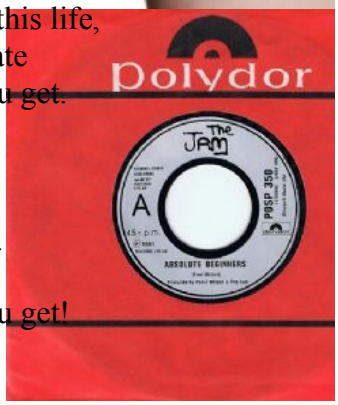
The Jam ~ START ~ What You Give Is What You Get!

Its not important for you to know my name
Nor I to know yours
If we communicate for two minutes only
It will be enough
For knowing that someone in this world
Feels as desperate as me -
And what you give is what you get.

It doesn't matter if we never meet again,
What we have said will always remain.
If we get through for two minutes only,
It will be a start!
For knowing that someone in this life,
Loves with a passion called hate
And what you give is what you get.

If I never ever see you -
If I never ever see you -
If I never ever see you - again.

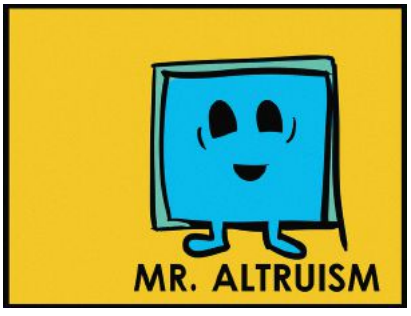
And what you give is what you get!



Activity Three – **Altruism**: *Definition* - Unselfish concern for the welfare of others; selflessness.

Selfless	Giving	Helpful
Unselfish	Benevolent	Magnanimous
Considerate	Open-handed	Generous
Disinterested	Charitable	Devoted

1. Use as many of the above words as you can in sentences about public figures or people you all know.
2. Change the song lyrics to make it about altruism.
3. Then sing your new song together!



EASY ACCESS ENGLISH

Activity Four – How altruistic are you? Ask and answer (honestly) with your partner.

1.	Do you give and share and help others just because you want to do the right thing?
2.	Do you only give, share or help others when you expect something in return?
3.	Do you give or help someone with no hesitation when they ask for your help?
4.	Do you stop to think about what could be in it for you when considering helping someone?
5.	Do you contribute to charity or volunteer your time in any way?
6.	When you see a stranger in need of help do stop to help them?
7.	Do you walk away from people who look needy, in case it takes up too much of your time?
8.	Would you ask someone what's wrong if you saw them crying?
9.	Do you think of ways to help people you know and offer your help if times are hard for them?
10.	Do you ever do random acts of kindness?

How altruistic are you and your partner?

Activity Five – The Third Conditional - The **third conditional** (also called conditional type 3) is a structure used for talking about unreal situations in the past. This page will explain how the third conditional is formed, and when to use it.

Like the other conditionals, a third conditional sentence consists of two clauses, an "if" clause and a main clause:



	IF clause	main clause
If	I had helped more people,	I would have felt better.

We use different verb forms in each part of a third conditional:

IF clause if + subject + past perfect verb*

main clause subject + would (OR could, OR might) have + past participle

*The past perfect is formed with the auxiliary verb "had",

and the past participle (or third form) of the verb.

Note also that third conditional forms can be contracted:

Full form	If I had helped more people, I would have felt better.
Contracted form	If I'd helped more people, I would've felt better.

The third conditional is used to talk about things which did not happen **in the past.**

"I could have helped an old lady cross the street earlier today but I didn't because I was in a hurry.".

Activity Six **–Watch the video** '22 Random Acts of Kindness'

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http://www.youtube.com/watch?v=wskG18saKk0

1. How many different kind things did you see in the video?
2. Which did you think were the kindest?

Activity Seven – What could you have done today as a random act of kindness, think of as many as you can. How many could you have fitted into the day?

Activity Eight – What could they have done differently to have a different outcome?









