FOOD

Food for Thought.

Activity One – In two teams think up a recepe for lunch. You will have to include only items that can be bought at the local market. You must not speak French in this activity.



- Write your recepe including all instructions.
- Write a shopping list.
- Present your idea to the class

Activity Two – We will go to the market to buy everything on your shopping list.

Activity Three – When we get back to the center you will make your dish and we will vote on the best presentation.



Activity Four. Lunchtime !

Some vocabulary to help you.

Cooking Verbs.



- Stir
- Fry
- Chop
- Slice
- Peel
- Prepare
- Sprinkle
- Add
- Mix
- Whisk
- Boil
- Cook
- Beat
- Simmer

Vegetables :

- Potatoes
- Eggs
- Bread
- Peppers
- Onions
- Corgettes
- Strawberries
- Melons
- Aubergines