

sugar & spice and all things nice

Activity 1 – Spicy!!!
Let's read the information below about spices!

What is spice?
A **spice** is a dried seed, fruit, root, bark, or vegetative substance used in nutritionally insignificant quantities as a food additive for flavour, colour, or as a preservative that kills harmful bacteria or prevents their growth. It may be used to flavour a dish or to hide other flavours. In the kitchen, spices are distinguished from herbs, which are leafy, green plant parts used for flavouring.



Many spices are used for other purposes, such as medicine, religious rituals, cosmetics, perfumery, or for eating as vegetables. For example, turmeric is also used as a preservative; liquorice as a medicine; garlic as a vegetable.

Now with your partner try to find the name of as many spices as you can in English. You can use the dictionary to help you.

Activity 2 – Spicy questions
1. Do you like cooking?
2. Are you a good cook?
3. Do you use spices when you cook?
4. What dishes can you think of that contain spices?
5. What spices go well in pasta dishes?
6. What spices can we find in rice dishes?

Activity 3 – Grammar Point – Modal Verbs
Write the correct modal verb next the appropriate use below.
WOULD / SHOULD / COULD

Obligation/Recommendation _____
Hypothetical situations _____
Possibility/Ability _____

Activity 4 – Gap fill
Fill the gap with the correct modal verb. Be careful, it could be a positive or negative form!
1. I _____ eat the dish you made because it was too spicy for me!
2. We _____ add some more paprika to the chilli con carne!
3. If you _____ eat only one spice everyday what spice _____ it be?

Activity 5 - Cooking with spices
Now we are going to watch some videos with some famous chefs showing us how to prepare delicious dishes with different spices.



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Answer the questions using the modal verb

1. Would you eat these dishes?
2. Do you think you could you make any of these dishes?
3. What should you do before you start to cook?
4. What spices would you use?
5. Which dish would be the quickest to make?
6. What dish could you eat in the morning?

Activity 6 - Name the spice.
Your teacher will give you some spices to smell and/or taste.
Try to guess the spice and describe the flavour using the adjectives below. What do the smells evoke in you?
What dishes do they remind you of?

Tangy	Fresh	Bland
Hot	Fiery	Strong
Spicy	Mild	Pungent
Peppery	Juicy	Sharp
Bitter	Fruity	Sweet

Activity 7 – Spicy riddles!
Read the riddle below and say which spice is being described.

I am a common ingredient in everyday cooking. I am very pungent and your breath smells after you eat me. I am considered a vegetable but am in fact a spice! What am I?

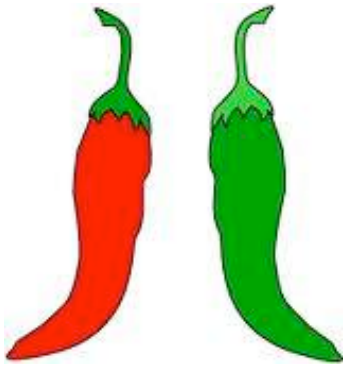
With your partner, write your own riddles for two spices.

1. _____

_____

2. _____

_____



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