Lesson Plan Easy Access English

SELFIE

EAE Learning objectives for this lesson

- **Learn about and practice reflexive pronouns.**
- Practice debating a point and giving your opinion.
- Role plays and dialogues to gain more conversational experience.

Activity One - Quick **TEAM** activity - match the word on the left to the definition on the right ***(please don't do this at home)*** let's see how long it takes you by **timing** this activity. Your teacher will sound the **buzzer** when the first team finishes.

WORD	DEFINITION
TO ESTEEM	A photo you take of yourself.
SELF ESTEEM	Belief about who you are.
SELF CONFIDENCE	to Respect and value
SELFISHNESS	Knowledge of yourself
SENSE OF SELF	Awareness of your own value
UNSELFISHNESS	Generosity to others
SELF WORTH	Lack of generosity to others
SELFIE	To value yourself and respect yourself
SELF AWARENESS	To feel good about yourself

Activity Two - With your partner discuss the following questions. Then resume what you found out about your partner, and how you compared to each other, and present this briefly to the class.



1. How would you define self esteem? ——————————
2. How important is self esteem in your opinion? **VERY/ NOT VERY**
3. How does low self esteem affect people? ——————————-
4. What makes people have low self esteem or high self esteem?

——————————————————————————————-

5. Are you confident about who you are? **YES/NO/KIND OF**
6. Are you confident about how you look? **YES/NO/KIND OF**
7. Do you ever take Selfies? **YES/NO**
8. Do you post selfies online? **YES/NO**
9. Do you use social media a lot? **YES/NO**
10. Do you look at pictures of yourself on social media? **YES/NO**
11. How important is it to you that they look good? **VERY/NOT VERY/NOT AT ALL**
12. Does it effect your image of yourself if you don't like a picture of yourself? **YES/NO**
13. How much do you care about how you look? **A LOT/A LITTLE/NOT AT ALL**
14. How much are you affected by other people's comments on how you look? **YES/NO**
15. How much is your feeling of self worth based on appearances? **A LOT/A LITTLE/NOT AT ALL**

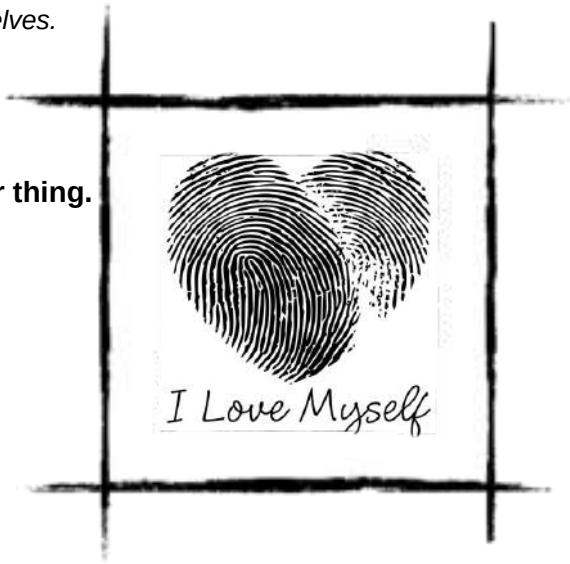
Activity Three Quick revision - SELF - SELVES - REFLEXIVE PRONOUNS

Let's read the information together (from 'Woodward English'.)

When the Subject and the Object in a sentence refer to the same person or thing we use a **Reflexive Pronoun.**
It is the only area of English grammar that is reflexive.

I	**Myself**	**It**	**Itself**
You	**Yourself**	**We**	**Ourselves**
He	**Himself**	**You (pl)**	**Yourselves**
She	**Herself**	**They**	**Themselves**

NOTE - If you are using YOU in the plural, the reflexive pronoun is yourselves.



When to use reflexive pronouns

1. When the subject and the object refer to the same person or thing.
He accidentally cut himself while he was chopping the vegetables.
She bought a present for herself.
We helped ourselves to the free drinks at the launch party.
They injured themselves during the rugby match.
I enjoyed myself at the concert.
The dog is scratching itself – it must have fleas!
2. We use them for emphasis.
The author signed the book for me herself!
I did it myself.
3. In some cases we use it to have a similar meaning to also.
Annabelle was very happy last night. I was very happy myself.
You look great. You don't look so bad yourself!

When NOT to use reflexive pronouns

1. There are a number of verbs in English with which we rarely or never use reflexive pronouns (as they are in other languages).
They include: adapt, behave, complain, concentrate, get up, hide, lie down, meet, move, relax, remember, shave, shower, sit down.
2. After a preposition of place or location we use a personal pronoun and not a reflexive pronoun.
He put the backpack next to him.

Ourselves, Themselves and Each Other

1. We use each other when two or more people or things perform the same action to the other.
Our neighbours were shouting at each other all night.
My brothers always compete with each other in sport.
2. Take note of the difference between these two sentences:
Mark and Sarah helped themselves. (They served themselves some food).
Mark and Sarah killed each other. (Mark helped Sarah and she helped Mark).

More about Each Other

We use the pronoun 'each other' when the action is between 2 people, not reflexive.
They stared into each other's eyes.
The hate each other.
And to make the contrast clearer:
Mike and Carol bought each other presents for Christmas
(Mike bought a present for Carol and Carol bought a present for Mike). *is very different to…*
Mike and Carol bought themselves presents for Christmas
(Mike bought a present for himself and Carol bought a present for herself).

Reflexive Pronouns with Objects

We use verb + reflexive pronoun + object when we do something for ourselves.
She cooked herself a quiche.
We taught ourselves French.
We use verb + object + reflexive pronoun when we want to emphasise that another person did not do the action (or assist).
I repaired the tire myself.
They did the homework themselves.
My brother spoke to his boss himself about a raise.

Activity Four - Gap Fill - fill the gaps by **yourself**, then with your partner, check each others answers.

People like to take pictures of ……and post them on various sites on the internet. On Facebook and Instagram you can upload pictures of …… and so selfies are very popular. Some people post historical selfies. For example this year the Oscars host asked one famous film star to join her for a selfie and when the other stars saw this they, ……, want to join in. In the end there were 12 of the most famous film stars in the picture! Another famous selfie is the one taken of ……by an F16 fighter pilot in the Danish army the moment a missile was firing. Then some political selfies have become historic. Obama …… took one with the British and Danish prime ministers. There are also other more humorous ways of portraying yourself of social media. The 'shelfie' for example, which is a picture of …… next to your bookshelves, which can be quite revealing. There is also the 'Elfie' which is a picture taken of …… with a Christmas related item of clothing or accessories, and also the 'healthie' where someone takes a picture of a healthy meal they made for …… The 'wealthie' is a picture people post of …… with money in their hands. The 'Selfie' is a recent and very popular fashion. How long will it be popular?



Activity Five - Watch the Video and discuss. (Please don't watch this at home).
https://www.youtube.com/watch?v=EGDMXvdwN5c&noredirect=1

CLASS DEBATE - Answer the questions and discuss.

I. What different emotions did these women experience? (Brainstorm a list of emotions).
II. What did the patch prove?
III. What do you think of this advert? (Give your opinion using these introductory words and expressions: In my opinion, I feel that, In all honestly, I really think that, It seems to me that, obviously, clearly, ultimately, basically..)

Activity Six - With your partner practice one of the following role plays and then perform it for the class:

A. You agree to try out a 'love' patch for a scientific experiment. It's supposed to make all the girls/ boys fall in love with you.

B. Act out the Dove ad but this time the patch makes everyone feel really ugly.

C. You try out an intelligence patch and suddenly your school marks get really good.

D. You are prescribed a good manners patch by your doctor because you are generally very rude. You try it out and it works well but then it falls off..

Activity Seven - **Something Inside So Strong**. This is a famous song about self-worth. Let's listen to it together https://www.youtube.com/watch?v=otuwNwsqHmQ&feature=kp&noredirect=1

• **Higher**	• **Pride**	• **Louder**	• **Wrong**
• **Anyway**	• **Taller**	• **Squander**	• **Further**
• **Strong**	• **Insist**	• **Better**	• **Because**
• **Jericho**	• **Know**	• **Something**	• **Blind**

In which order do you hear these words? Number them in the order you hear them.

OPINION

- Why do you think that this is such a famous song which inspires so many people?
- What is the message of the song?
- What kind of experience do you think inspired him to write this song?

How far have you got? learning objectives
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Fill in the bars to show your progress