Activity Three - Fill in Gap

When faced with a difficult task it's **always** preferable to be part of a team. As a team we can take advantage **of** each other's strengths to work in an efficient way. If you make the most **of** each person's strengths when you choose what part of a task they are responsible for then you will optimise the collective strength of the team. It's **never** really an advantage to work **on** something all alone. Even thought it can **sometimes** seem easier at first. It's true that teamwork requires some organisation and planning if it is to succeed. Think **of** it as a machine which needs to be fuelled and oiled but which will be capable **of** carrying out a huge amount of work once it is up and running. A team has to be made up **of** people who are united around a common goal. So the goal has to be made clear **to** them. Each member of the team has to help the other members **out** when necessary. As we say; 'there is no 'I' in team.' Also when you are part of a team, if you **ever** feel that you are carrying **out** more of the work than the other team members then you have to speak up. You should **always** tell the others how you feel. If you don't you will end **up** feeling negative and this will affect team cohesion. The team will have its **ups** and **downs** but the main goal of the team has to be the focus at all times. When you are in a team it's never about the individual. It's always about the team and the results.