GET OVER YOUR SELF

EAE Learning objectives for this lesson

Learn and practice some idiomatic expressions. Comprehension activities. Discussion, practice exchanging opinions.



Activity 1 - Questions

1. Do you know any egotistical people?
2. Do you have a tendency to be a bit egocentric sometimes - do you ever put yourself first before anyone else? Do you want everything to revolve around you?
3. Do you think the world would be better if nobody had a big ego?
4. Do you think many celebrities have a warped view on the reality of life?
5. From a scale of altruistic (1) - egocentric (10) where do you think you fit?



Activity 2 - Match the expressions to the definition

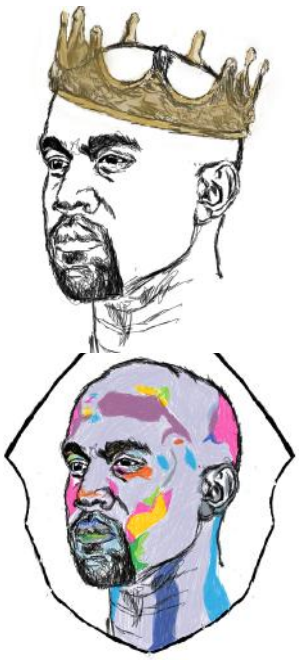
To have a God complex	To annoy someone, or make them angry
To be up yourself	A very successful group, company, person etc.
To get over it	When you live a life of luxury from the time you were a baby
A loose cannon	To think you are always the centre of attention, you are special like no one else
To drive someone up the wall	To be serious about something
Born with a silver spoon in your mouth	To be arrogant
To mean business	To accept or forget something and move on
To punch above your weight	Accept something humiliating, or admit that you were wrong
To swallow your pride	An unpredictable or uncontrolled person
Top dog	To be in a situation that requires powers or abilities that one does not have

Activity 3 - Fill the gaps with the correct expressions from the previous activity.

A. Woah Dan, that girl is way too beautiful for you. I think you are _____.
B. Steve Jobs was the _____ at Apple.
C. I wasn't _____. I had to struggle through life.
D. Tywin Lannister is very _____. He thinks he is the best!
E. Please would you turn down the music. It's _____!
F. We all thought Donald Trump running for President was a joke...but he actually _____.
G. Me and my wife had an argument, but it turns out she was right. I will have to _____
H. I know that you sprained your ankle, but I'm sure you will _____.
I. I swear my brother has a _____. He thinks he's entitled to everything
J. The new intern is a bit of a _____. He doesn't follow the rules, and he's always rushing about.

Activity 4 - **Discussion** - Check out the link - http://www.telltalesonline.com/17284/kanye-west-quotes/ Kanye West is one of the most egocentric celebrities in the world today.

Read his quotes to see just how egocentric he is. Vote on your opinion at the end!



- Do you know any other egocentric celebrities?
- How have they exhibited that egotistical behaviour. What caused it?
- In partners see if you can think of 3 - present them to the class

Activity 5 - **Watch the video** and answer the questions

https://www.youtube.com/watch?v=arJLy3hX1E8

1. Who was obsessed with their own image?
2. What happened to him?
3. What is the psychological definition of 'narcissism?
4. How many forms of narcissism are there? What are they called?
5. What is grandiose narcissism characterised by?
6. Why do narcissistic individuals seek power?
7. Narcissistic partners could be what?
8. How much of the population does narcissistic personality disorder affect?
9. Is it more common in men or women?
10. What can young people and children be?
11. How can parents cause narcissistic behaviour in their children?

Activity 6 - **Quiz time -** How egocentric are you?

As a class let's take the quiz. Write your individual opinion down

http://www.proprofs.com/quiz-school/story.php?title=how-egocentric-are-you

Activity 7 - **Role-plays**

1. You are an interviewer interviewing Kanye West about his newest album. He believes he is a gift from God, but you try to convince him he is just like every other musician.

2. You are an actor starring in an indie movie, but the salary is a lot lower than you are used to. You argue with the director, but he/she says if you were a true artist, you would care about the project, not the money.

3. A work colleague of yours got promoted before you. You confront your boss to demand why.

4. Your friend wants you to help him with some charity work. But you say that is beneath you, and you have more important things to do. An argument follows.

Activity 8 - Listen to the song and fill in the gaps
https://www.youtube.com/watch?v=3BxfpbyV-uc

Ok Go - Get Over It

Lot of knots, lot of snags,
lot of holes, lot of _____ lot of crags. Lot of nagging old hags,
lot of fools, lot of fool _____.
Oh it's such a drag, what a chore... oh your wounds are full of _____.
Everything's a _____ and what's more, well it's all somebody's fault.



(Hey!) Get, get, get, get, get over it! *[x3]*
Get over it, get over it.

Makes you sick, makes you ill,
makes you _____, slipping change from the till.
Had it up to the _____... makes you cry while
the milk still spills. Ain't it just a bitch? What a pain...
Well it's all a _____. What
left to do but complain? Better find someone to _____.

Chorus *[x3]*

Got a _____, got a life, got a four-door and a faithless wife.
Got those nice copper _____, got an ex, got a room for the night.
Aren't you such a _____?
What a prize! Got a body like a battle
axe... Love that perfect _____, honest eyes...
We ought to buy you a Cadillac.

Chorus *[x3]*

BONUS QUESTION - What different expressions can you find in this song? (There are lots)

Activity 9 - ***Mime time***



With a partner mime one of the expressions from Activity 2

Activity 10 - ***Complete my sentence***

- Write a sentence using one of the expressions from Activity 2 OR the song in Activity 8.
- Leave a gap where the expression will go.
- Ask a student in the class to complete your sentence with the correct expression.

