

# How are you ?



## Introductions

**Hello, how are you ?**
**Today is..**
**My name is…**
**My favorite color is…**
**Etc…**

## Emotion flashcards

Go over the different emotions with your teacher

HAPPY SAD ANGRY
TIRED SCARED

## Emotion charadenary

Choose an image/word and an action card. (charades / pictionary)
Draw the image on the board or act it out.
Your classmates have to guess the correct emotion.

## When are you … ?

Older kids
Write a sentence for each emotion with a reason.
Example : « I am ***HAPPY*** when I score a goal. »



Younger Kids
Tell your teacher what makes you ***happy, scared, sad, tired, angry***.

## Songtime with Alex

If you're happy and you know it
Head, Shoulders, Knees and Toes
Flowers, Flowers

## Rerhearsal

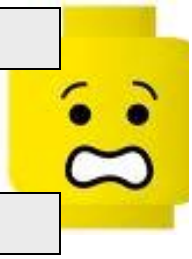
Practice lining up, taking places outside and singing the songs in the correct order.

## Emotions paper plate masks

You are going to use paper plates to make masks showing an emotion of your choice

## Ha,Ha game

Everyone lies on the floor with their head on another childs tummy. One child pretends to laugh « ha,ha,ha » and watch the chain reaction.



## Emotion necklaces for spectacle

You are going top make emotions on paper plates and punh holes for string to wear at teh spectacle for « If you're happy and you know it »

## Emotions bingo

Take a piece of paper and fold it into squares. In each square draw a different emotion. Next, your teacher will call out an emotion. When you hear your emotion cover the square. When you will, shout « BINGO ! »

## Emotion bean bag toss

Your teacher will divide the board into squares with emotions in each square. Take turns tossing a « bean bag » at the board. When it lands on the emotion you must say the emotion and act it out.

## Work sheets

## Parent Links

« If you're happy and you know it » song
http://www.youtube.com/watch?v=FrsM9WggCdo

Feelings matching game
http://www.anglomaniacy.pl/feelingsMatching.htm



