LETS MOVE



Activity 1. WE LIKE TO MOVE IT! Look at all the things we can do with our bodies. Lets practice!!

What's your favourite?
What body parts do you know?

Head, shoulders, knees and toes, or even more? Eyes, ears, mouth, nose..

http://www.youtube.com/watch?v=wqsDKIheaek

Activity 2. CLASS PAINTING - First lets give her a name! Crazy Catherine, Loupy Lou, Monster Mary..

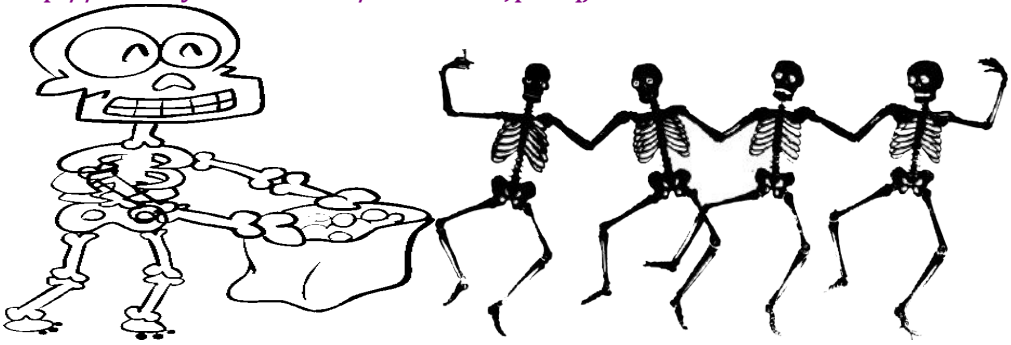
-Now lets paint a giant girl picture.

-Now lets name all her body parts.

What colour is her hair? Her eyes? What colour are yours?

Activity 3 -LET'S DANCE Let's do the skeleton dance!

http://www.youtube.com/watch?v=Jpvuqj5nv6U



Q:Why didn't the skeleton go to the party? **A** He had no body to go with!

Activity 4 - Song time - Head Shoulders Knees and Toes and The Wheels on the bus - WITH MOVEMENTS!





ACTIVITY 5 - NOW LETS GET ON THE BUS TO SCHOOL!!

Arrange all the chairs so that they are facing forwards in rows, just like on a bus. Get everyone to line up outside the bus (at the bus stop) and 'drive' the bus to the bus stop. Everyone can enter the bus, pay for their ticket ,and then sit down. Then start driving the bus and as you go, shout out "lean left!" and "lean right" as you go around corners and get everyone to lean with you. Do lots of other fun things:

- beep the horn (everyone does together)
- stand up and sit down to help go up and down hills (Don't forget to say "Please sit down")
- stop!!! (everyone lurches forward)
- speed up!!! (everyone is pushed back in their seats
- At the end, pull up to the stop and shout "Everybody, get off the bus!"

Activity 6 Worksheets and activities

http://www.primaryresources.co.uk/online/smallskel.html

Activity 7 Musical Body Parts - dance and when the music stops point to the body part, on your friend, which the teacher calls out. If you get it wrong or are the last, you are eliminated.

Activity 8 Paint a portrait of your friend.

Activity 9 - Duck Duck Goose.

Activity 10 - Simon Says.

