Lesson Plan © Easy Access English

JUNK FOOD



EAE Learning objectives for this lesson

Learn and practice possessive adjectives and giving your opinion.
Comprehension activities.

Activity 1 – ***What is junk food?*** Ask and answer with your partner.

1. - What are the different types of food that are bad for your health?
2. - What is your view on soft drinks, candy and junk food being sold next to the cashier line?
3. - Do you think fast food restaurants are all bad?
4. - Do you really think junk food is cheap?
5. - Do you or someone you know eat often at fast food restaurants? How often?

Activity 2 – Possessive adjectives and how to use them What are the possessive adjectives? What's in your dinner?

my, your, his, her, its, our, your, their

What do they do?

Possessive adjectives are used to modify or give more information to the noun. The possessive adjective is usually just before the noun in a sentence.

What do we use them for?

To show something belongs to somebody:

- That's **my** house.
  Our car is very old.

For relations and friends:

- **Her** mother is a doctor.
  How old is **your** sister?

For parts of the body:

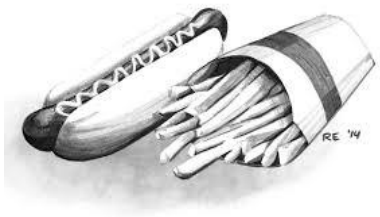
- He's broken **his** arm.
  She's washing **her** hair.
  I need to clean **my** teeth.

Using its and their

- **Its** color is beautiful
- **Their** boat needs to be repainted

Activity 3 – 1/ ***Fill in the blanks***

1. She needs to finish ……. Hamburger.
2. That dog looks angry……. Keeps barking at people who walk by.
3. …….. sister is the smartest person I know.
4. They need a new car because …… is not running well.
5. Is ……. mother a doctor? Yes she is!
6. If you go outside in the dark, use …….. flashlight, it is in the garage.
7. That man doesn't know what's in……. dinner!
8. I brush ……. teeth two times per day.
9. How old is ……. grandfather?
10. How old is ……. grandmother?



2/ **Try them out..**

- Explain what's in **your** dinner when you eat at Mc Donald's.
- Explain what's in **our** drinks when we drink sodas.

Activity 4 - **Junk Food.**

Identify the food in this picture and describe what it's made from and why it's bad for you.





Activity 5 – **Watch the video** and answer the questions. ***(Is it time to tax Junk Food)***.

https://www.youtube.com/watch?v=n0dPU05pcwg



1. - What are to opponents saying about a tax on fast food?
2. - What is treated like water?
3. - How much is the annual health care cost of obesity?
4. - Where would the taxes be raised and lowered?
5. - How much would they raise the tax on junk food in New York state to save 3$ billion on health care in 10 years?

Activity 6 - **Debate** – '**Supermarkets shouldn't be allowed to sell unhealthy foods**.'

- For or against -

- One team has to speak for and one team has to speak against.
- Your teacher will chair the debate.
- Your aim is to make the most convincing argument and see who wins the debate!

Here are some words and expressions to help you to debate:

- Our first argument is..
- Our second argument is..
- We all agree that..
- We can't agree with this
- I'm afraid we disagree with the last point made
- We would like to add that..
- I'd like to add that..
- We agree with that point..
- We have all come to the same conclusion..
- Indeed..
- As a matter of fact..
- That's just not true..
- We don't share that point of view..
- I see your point of view but..
- I'm sorry to interrupt but..
- That's all very interesting but the fact is that..
- First of all
- Secondly
- Finally
- In conclusion
- To sum up
- Basically
- Essentially
- All in all
- Ultimately



Activity 7 - Quick activity - with your partner. See who can finish first! (So don't prepare before the class).

Subject	Object	Possessive Adjective	Possessive Pronouns
I	Me		
You	You		
He	Him		
She	Her		
It	It		
We	Us		
They	Them		



Can you match these possessive adjectives to the right personal pronouns?
its, your, my, their, our, her, his

Can you match these possessive pronouns to the list now?
yours, *mine*, *theirs*, *ours*, *hers*, *his, its*

Activity 8 - ***Finish the Sentences:***

- Your hamburger is..
- My Hot dog is..
- Our ice creams are..
- Their candy bars are…

