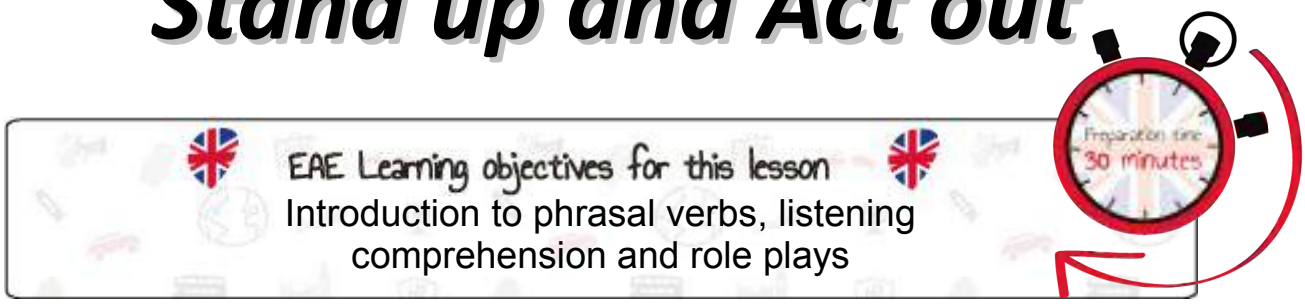
Stand up and Act out



Activity one: Questions



1. What are your hobbies?
2. Do you like to get up early in the mornings or sleep in late?
3. What bad habits do you have?
4. What is your favourite thing to do in the mornings and evenings?

Activity two: Phrasal verbs



A phrasal verb is a verb and a preposition joined together.
The preposition changes the meaning of the verb.

Brainstorm - What phrasal verbs do you already know?

Activity three: Match

Match the phrasal verb with the right definition



Phrasal verb	Description
Get up	To stop sleeping
Put down	To get out of bed
Call off	To stop a habit
Hold on	To wash the plates and cutlery
Watch out	To place something on a surface or the floor
Wake up	To stop being a child and become an adult
Wash up	To wait for someone or something
Give up	To cancel something
Grow up	To be aware of something that is about to happen



- In your pairs can you describe the following opposite phrasal verbs using your own definitions?

Stand up / Sit down (opposites)
Turn off / Turn on (opposites)
Hurry up / slow down (opposites)

Activity four: Gap fill

Fill in the gaps with the correct phrasal verbs



1. We all have to _____ and stop being children

2. _____ the floor is slippery

3. My friend cooks the dinner and I _____ after

4. We are very late , please _____!

5. I don't like to _____ early in the mornings

6. I have to _____ my children every day because they sleep for too long in the morning

7. You can't always _____ on the tram because there are so many people, sometimes you have to _____ and let someone else have the seat

8. I need to _____ smoking, it is a bad habit

Activity five: Miming

Get into two teams. Take it in turns to pick a card from your teacher. The card will have a phrasal verb and scenario on it. Act out the scenario and see if the other team can guess what the phrasal verb is. Bonus points if you can guess the scenario too!

Activity six: Don't say it

In pairs, one of you will choose a phrasal verb and try to describe it to your partner without saying the phrasal verb. Let's see how quickly they can guess the it

For example: At the beginning of the lesson, we all sit down in our seats
Description: What do we all do at the beginning of the lesson in the chairs?

Activity seven: Song
Fill in the gaps (the first five are phrasal verbs and the others are verbs)
Kelly Clarkson - Breakaway

_____ in a small town
And when the rain would _____
I'd just stare out my window
Dreaming of what could be
And if I'd _____ happy
I would pray

Trying hard to _____
But when I tried to _____
Felt like no one could hear me
Wanted to belong here
But something felt so wrong here
So I'd pray
I could breakaway

I'll spread my wings and I'll learn how to _____
I'll do what it takes, till I _____ the sky
Make a wish, take a chance
_____ a change and breakaway

Out of the darkness and into the sun
But I won't forget all the ones that I love
I'll take a risk take a chance
Make a change and breakaway

Wanna _____ the warm breeze
_____ under a palm tree
Feel the rush of the ocean
Get onboard a fast train
_____ on a jetplane
Far away
And breakaway

(Chorus)

Buildings with a hundred floors
Swinging with revolving doors
Maybe I don't know where they'll take me but
Gotta keep moving on, moving on
Fly away, breakaway

(Chorus)

Breakaway, breakaway



- **BONUS** - Does anyone know the meaning of the phrasal verbs in the song?

Activity eight: Act it out
With a partner, create a scene using as many of the phrasal verbs you have learnt in the lesson today and any others that you already know or can find at home before the lesson. Let's see how many the other teams can identify

Activity nine: Role play
In partners, create a short dialogue using as many of the phrasal verbs you learnt as possible. The other teams have to listen carefully when you present your dialogue and identify all the phrasal verbs used.

