Yogurt Pot

EAE Learning objectives for this lesson

Review and practice phrasal verbs. Comprehension activities. Dialogues.



Activity One - **Ask and Answer** with your teacher or partner.

1. Do you eat yogurts?
2. What type of yogurts do you like?
3. What type of pots do they come in?
4. What do you do with the pots when the yogurts are finished?
5. Do you eat any other types of deserts in small containers?
6. Do you buy yogurts in large containers sometimes?
7. Have you ever made your own yogurt?
8. Do you eat yogurt for breakfast, lunch, dinner or a snack?

Activity Two - **Review** - Phrasal Verbs.

phrasal verb

ˌfreɪzəl ˈvəːb *noun* GRAMMAR

an idiomatic phrase consisting of a verb and another element, typically either an adverb, as in *break down*, or a preposition, for example *see to*, or a combination of both, such as *look down on*.

What is a phrasal verb? A phrasal verb is a group of words that functions as a verb and is made up of a verb plus a preposition, an adverb, or both. They are important in English. Here are 3 phrasal verbs that you may already know:

- **check in** Guests cannot *check in* at the hotel before 4:00 PM.
- **give in** My daughter kept asking for a yogurt, I don't like her to eat between meals but in the end I *gave in* and let her eat one.
- **look out for** There's a special offer on yogurts in the supermarket, if you go there *look out for* those strawberry ones.

Why are phrasal verbs important? It is important to learn phrasal verbs because they are very common in English, and because the meaning of a verb often changes when it is used in a phrasal verb.
For example, the verb *grow* usually means to become larger or increase in amount, but the phrasal verb *grow up* means to become an adult or start behaving in a mature way. English phrasal verbs are everywhere, so one of the best ways to learn them is to try to listen for them.

Here is a good list of phrasal verbs - https://www.usingenglish.com/reference/phrasal-verbs/list.html



Activity Three - **Yogurt pots.. Reading activity.**

The phrasal verbs in the text are underlined.With your partner try to ***come up with*** *a new sentence for each phrasal verb.*

A yogurt pot is a fascinating little object. It contains all manner of delicious concoctions and can be made out of a variety of materials: plastic, cardboard, glass or pottery. A yogurt pot can be used for many things after it has contained yogurt. People **come up with** lot's of ideas like: holding pens, coins, other bits and bobs. Making telephones, entertaining small animals and children making speakers, ,… Whatever material they are made of, they are resistant and never **fall apart.** Let's delve into the world of the yogurt pot.

When fresh milk is left in a container with friendly bacteria, the milk **thickens up** and develops a delicious, sour taste. The lactic acid produced by the fermentation process also acts as a preservative, helping the cultured milk stay fresh longer. Small pots are **filled up** with the mixture and preserved for longer in a fridge.

The BBC tells us that in half a century, the humble yoghurt has gone from hippy health food to mass market phenomenon, **set off** a functional food revolution and **gone ahead** to become a multi-billion pound industry. Yoghurt is the ultimate added-value success story, processing milk and selling it at a higher price.

"With some of these specialised, heavily packaged yoghurts, you are **talking about** profit margins over 15%, which manufacturers dream of," says Felicity Lawrence, journalist.

Most yogurt pots are made from PS – Polystyrene. This can be recycled and used again to create packaging and other materials. Yogurt pots can also be reused. In France most local councils consider that the cost would outweigh the benefits and so they don't recycle plastic yogurt pots.

What do people reuse them for? Some people **hold onto** them to use them for storage, for arts and crafts, as bird feeders for freezing portions of food, or as lunchbox containers.

Activity Four - Re-use

On the next page there are some pictures of things people use yogurt pots for.. With a new partner try to use as many as possible of the following phrasal verbs to talk about what you see in the pictures.

pick *something* ***out -*** *choose*
throw *something* ***away -*** *dispose of*
Take off - *remove*
Pick up - *take in your hand*
Think up - *have a new idea*
Use up *- finish a product*
Take out *- remove or extract*
Carry on *- continue to do*
Get rid of *- eliminate*
Figure out *- understand*
Keep on *- continue doing*
Make up *- invent*
End up with *- final achieve a state*
Put down *- place on a surface*
Turn around *- turn 360 degrees*

PICTURES - Re-use



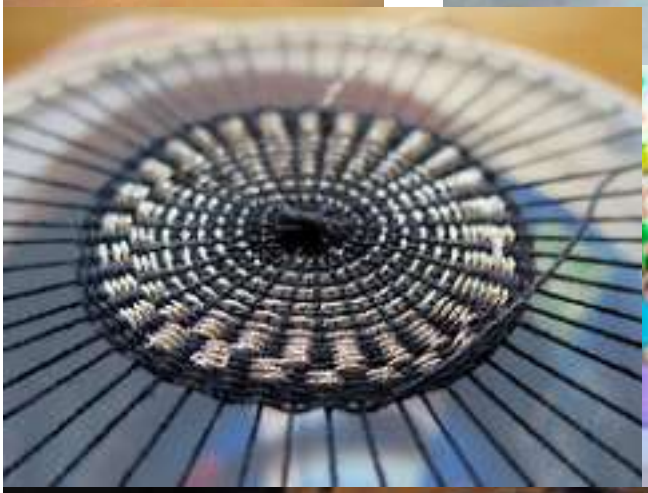




















Can you think of any other Yogurt Pot hacks?

Activity Five - Think about it!

Each verb has many different meanings depending on the preposition it is combined with… Here is a list of all the different ways the verb 'think' can be used as a phrasal verb…



'**to think ahead**' means to make plans or arrangements for the future.
- Just concentrate on today and try not to think too far ahead.

'**to think back**' means to look back over things that have happened.
- When I think back on what I did, I feel embarrassed.

'**to think of**' a fact or something that exists means you know it and can suggest it to someone else.
- I can't think of any examples of something he has done well.

'**to think of**' also means to consider the possibility of doing something.
- I'm thinking of going to Montpellier for the holidays.

'**to think out**' means to prepare or plan something fully before you start doing it.
- He obviously hadn't thought it out properly before starting.

'**to think over**' means to consider something carefully before deciding.
- We've got all the information we need. We'd like to think it over.

'**to think through**' means to consider something carefully with all the possible consequences.
- It sounds like a good idea but we need to think it through to see if it will work.

'**to think up**' means to create something using your imagination.
- I need to think up a new original yogurt recipe!

Activity Six - Think up a new recipe..

With your partner, or at home before the lesson, think up an idea for an original new type of yogurt. Describe the ingredients and explain what is original about your idea.

Activity Seven - **Role Play** - With a partner or your teacher.

You are commercialising a new yogurt. You have a meeting with a packaging manufacturer where you must discuss the type of packaging you want for your original new type of yogurt. The manufacturer has some strange ideas… you discuss things until you reach an agreement.

Activity Eight - Watch the **video** and try to understand what you can. What are the 12 ideas the man has for using yogurt pots? He does not speak very clearly so listen for key words.. (the words he says louder or longer).
https://www.youtube.com/watch?v=MI7BbJiFUAc

12 kitchen uses for yogurt containers

