Lesson Plan Easy Access English

Don't cry over spilt milk

EAE Learning objectives for this lesson

Inroduction to past tenses with some simple listening and reading comprehension

Activity one: **Questions and Answers**

- Do you stay calm when you have a small accident?
- Have you ever broken a glass in your kitchen? What is your usual reaction?
- Have you ever spilt a drink in a restaurant? What happened?

Activity two: **Match the dairy vocabulary to the photos**

What's the category name for foods made from milk?

- Cottage Cheese
- Sour cream
- Whipping cream
- Butter









Actiivty three: **Answer the questions then listen to the teacher read the article.**
https://www.rd.com/health/beauty/yogurt-uses/

1. What do you know about yogurt and dairy?
2. Are there some benefits that you can think of to eating or using it?

The Benefits of Yogurt

https://www.webmd.com/food-recipes/features/benefits-yogurt#1
Have you noticed that the yogurt is very important in food shops? How many different types of yogurt can you think of? It's getting harder to find more traditional dairy foods, such as cottage cheese and sour cream within all the other different options. And just what are the health benefits of yogurt?

Firstly, let us not forget that yogurt comes from milk. So yogurt eaters will get a dose of animal protein (about 9 grams per 6-ounce serving), plus several other nutrients found in dairy foods, like calcium, vitamin B-2, vitamin B-12, potassium, and magnesium.

But one of the words we're hearing more and more of regarding yogurt is "probiotics." Probiotics are "friendly bacteria" that are naturally present in the digestive system. The "good bacteria" is also found in many yogurt products. While more research needs to be done, there's some evidence that some strains of probiotics can help boost the immune system and promote a healthy digestive tract.

What are some uses for yogurt that you can think of?
Hair, face mask, sooths sunburns, natural hair dye, cleans brass

Activity four: **Introduction to the PAST SIMPLE TENSE**



In English we use the PAST SIMPLE TENSE to express a completely finished action.

It is the past tense which we use the most often.

To form the past tense you use the PAST PARTICIPLE of the verb.

Some verbs have REGULAR past participles (+ed)

Some have IRREGULAR past participles and you have to learn them.

Think of some regular past simple forms to add to the list: *listen to how your teacher says the 'ed', repeat after the teacher.

Worked	Liked	Played
Learned		

Can you make a negative sentence with these regular past verbs?

Can you ask a 'do' question?

- The negative form is = didn't + base verb
- The question form is = Did +subject + base verb



Think of some irregular verbs, complete the chart below

Inifinitive	**Past simple**
Do	
	Had
	Was/Were
Buy	
Come	
	Saw
Eat	

Can you make a negative sentence with these irregular verbs?

Can you as a 'do' question?

Activity Five: **Underline the past tenses in the short story below.**

Where did you buy your yogurt?

Yesterday, I went to the shop next to my house to get some natural yogurt so I could make a soothing facemask for my bad skin. I wanted to look nice. I walked to the shop and on my way I saw a friend. I couldn't remember her name, I was so embarrassed. After I spoke to her for 5 minutes I entered the shop. I found the yogurt next to the milk cartons in the back of the shop. I was very happy that the shop had just what I needed. I didn't need to wast any more time. I ran over to the check out and payed for my yogurts with cash. At home I looked for some honey and mixed it into my yogurt and put on the cream. It felt fantastic on my skin. The next morning I looked 5 years younger, it was a miracle!

Why didn't I do this sooner?



Comprehension questions

1, What are the verbs that you found in the text?
2, Who did the person meet on their way to the shop?
3, Did the person find what they wanted?
4, Did you try something similar?
5, What other foods could help you feel better?

Activity six: **Ylvis song and music video, 'Yoghurt'**

https://www.youtube.com/watch?v=M0eWawTdt_w

Listen to the song about 'Yoghurt' and answer the questions below

1, What are the flavors that you heard?
2, What flavors do you think are good?
3, What flavors do you think are bad?

Activity seven: **Role plays**

Can you think of some flavors you want to see in the markets?

Write them:

Now try to sell the flavor to the class/teacher/partner.

Remember to use:

Use adjectives / benefits / colours / flavours / talk about the design of the package / why it's the best / why we must buy it / the cost

Activity eight: **Tell your story about shopping at the market.**

Use the past simple and talk about what you saw, what you bought, and what you did.

