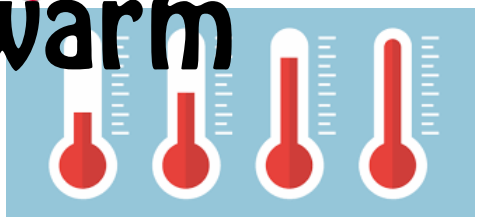
The KiDS'School

Lesson Plan © Easy Access English

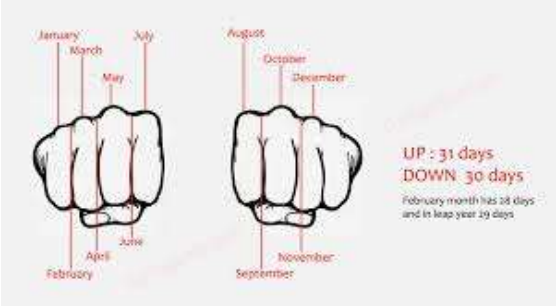
How to keep warm



Activity One – Flashcards, **repeat after me.**

- **Hot**
- **Cold**
- **Boiling**
- **Freezing**
- **Warm**

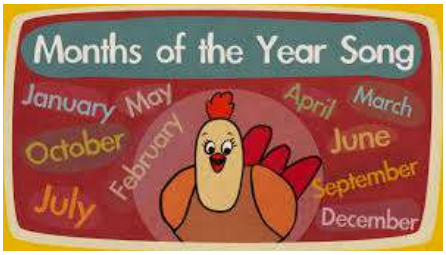
Now look at the pictures and **say what the people feel**.



- **He is hot**
- **He is cold**
- **It is freezing**
- **She is warm**
- **It is boiling**
-

Now let's have a little **team competition** and see who can get the sentences right !

Activity Two – So do you remember the seasons and the months in
English ? Let's practice with the 'Birthday Month' song and then we can talk
about which season and month it is now.
What month is your birthday?



January and February, March and April
May, June and July
These are the months of the year, right here
And your birthday could, be the one we have just said
Or those ahead
August, September, October, November and December
You must remember
These are the months of the year, right here
And this month a birthday wish could come true
And it could be you

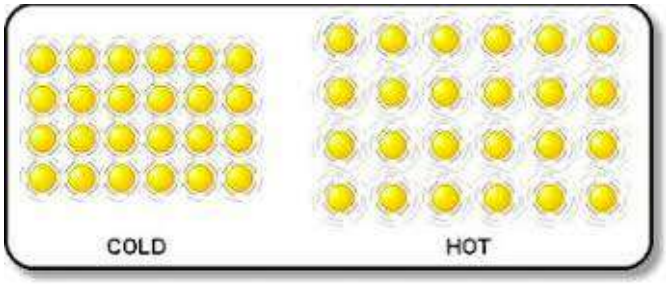
Activity Three – In WINTER it is usually pretty cold. So how are you **keeping warm** ?
Look at the pictures and we will discuss the different ways to keep warm.

- **Wear warm clothes.**
- **Wear a warm coat.**
- **Light the fire.**
- **Cuddle each other.**
- **Move around.**
- **Eat warm food.**
- **Drink hot chocolate.**



Activity Five – What makes things hot then?? Well things are made hot because the particles inside them bump into each other. Then when an object becomes hot it transfers its heat to things around it through convection.

Luckily heat can even be transferred through the air. Heat is energy.
It can be stored and transferred.
http://www.explainthatstuff.com/energy.html



Look in these pictures you see the particles (tidy parts of something) in the first picture they are cold, then warm, then as they move around, hot.

Let's pretend to be particles. We will stand still and then move and bit and then jump up and down a lot, you will tell your teacher when you feel cold, warm and hot! Come on little particles, let's go!

Activity Six – **Song time – Polly Put the Kettle on.**

Polly, put the kettle on,
Polly, put the kettle on,
Polly, put the kettle on,
We'll all have tea.

Sukey, take it off again,
Sukey, take it off again,
Sukey, take it off again,
They've all gone away.

Polly, put the kettle on,
Polly, put the kettle on,
Polly, put the kettle on,
We'll all have tea.

Blow the fire and make the toast,
Put the muffins on to roast,
Blow the fire and make the toast,
We'll all have tea.

Polly, put the kettle on,
Polly, put the kettle on,
Polly, put the kettle on,
We'll all have tea.

Sukey, take it off again,
Sukey, take it off again,
Sukey, take it off again,
They've all gone away.

Activity seven – HOT AND DANGEROUS.
So, let's talk about situations which can be dangerous and things you should never touch!

- **Fire**
- **Saucepans**
- **Electricity etc….**



Activity Eight – **Hot and Cold Race.**
In two teams race to put the pictures in the HOT, COLD and DANGEROUS bowls. This is a kind of relay race. Pick up a picture, run and put it in the bowl marked HOT, COLD or DANGEROUS and then when you get back pick up another picture, hand it to your team mate, and they have to do the same. The first team to complete the race wins, but they will waste time on the way if they get the images in the wrong bowl!















